

Instructions for Colonoscopy Preparation with CLENPIQ®

FOLLOW THE PREP INSTRUCTIONS BELOW AND NOT THE ONES THAT ARE ON THE BOX:

What You will Need to Successfully Complete this Prep:

- CLENPIQ® Prescription - Sent to your pharmacy
- Simethicone 180mg Soft-Gel Tablets - Over The Counter
 - Examples:
 - Gas-X
 - Phazyme
 - Mylicon
- Clear Liquid Suggestions/Examples - Located in Colonoscopy Brochure

DAY BEFORE YOUR PROCEDURE:

- Follow a clear liquid all day the day before your procedure. No solids or dairy products. Nothing anything red or purple.

NIGHT BEFORE YOUR PROCEDURE:

1. **At 4:00pm, the evening before your procedure** Drink ONE (1) entire bottle of CLENPIQ® prep solution right from the bottle.
2. At 4:00pm, take 2 Simethicone Soft-Gel Tablets and then begin your prep.
3. Drink 1 entire bottle of Clenpiq Prep Solution right from the bottle, and follow it with at least five(5) 8oz of clear liquids of your choice. You can drink the clear liquids at your own pace for over the course of 5 hours.
4. Continue clear liquids. The more you drink, the better the prep.

DAY OF YOUR PROCEDURE:

1. Continue clear liquids.
2. 6 hours prior to your arrival time, take 2 Simethicone Soft-Gel Tablets and take the second part of your prep.
3. Drink the second bottle of Clenpiq prep Solution.
4. **Within an hour,** follow it with at least five (5) 8oz of clear liquids of your choice.
5. **4 hours prior to your arrival time, you can not have anything by mouth.**

Additional Instructions:

If you have any questions, please call our office 860-347-4620.