

# Instructions for Colonoscopy Preparation with MoviPrep®

**FOLLOW THESE INSTRUCTIONS FOR YOUR PREPARATION** (Ignore instructions with the box.) Failure to take the prep as indicated below will result in a poorly cleansed colon and **cancellation** of the procedure. This is for your **safety** and to eliminate the possibility of having to repeat this procedure.

## **What you will need to successfully Complete this Prep:**

- Prior to your procedure have your prescription for MoviPrep® filled at the pharmacy.
- Purchase any of the **Clear Liquid Suggestions**.

## **DAY BEFORE YOUR PROCEDURE:**

- Eat a soft, light diet until 10:00am (Eggs, plain oatmeal, pudding, soups, applesauce)
- Drink only **clear** liquids after 10:00am: **Solid Foods, milk, or milk products are NOT ALLOWED.**
- Stay hydrated. The more you drink, the better you'll feel, and you will be more likely to have a good prep so the doctor can complete the procedure.

## **THE EVENING BEFORE YOUR PROCEDURE:**

Beginning at \_\_\_\_\_:

1. Empty (1) pouch A and (1) pouch B into the disposable container. Add lukewarm drinking water to the top line of the container. Mix to dissolve. If preferred, mix the solution ahead of time and refrigerate prior to drinking. The solution should be used within 24 hours.
2. The MoviPrep® container is divided by four (4) marks. Every 15 minutes, drink the solution down to the next mark (approximately eight (8) oz.), until the full container is complete. Drinking a glassful as quickly as tolerated is better than sipping an ounce or two at a time).
3. After the above steps are complete, drink at least 16 oz. of the clear liquid of your choice.

## **THE DAY OF YOUR PROCEDURE:**

- Continue a clear liquid diet, **no solid food, milk or milk products.**
- Drink the second part of your prep (6) hours before your arrival time following steps 1,2,3.
- ***Do not drink anything four (4) hours before your arrival time!!!***

**Special Instructions** \_\_\_\_\_

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