

# Instructions for Colonoscopy Preparation with CLENPIQ®

## FOLLOW THESE INSTRUCTIONS FOR YOUR PREPARATION

Failure to take the prep as indicated below will result in a poorly cleansed colon and **cancellation** of the procedure. Please follow these directions provided in the Colonoscopy Brochure, not the prep itself. This is for your **safety** and to eliminate the possibility of having to repeat this procedure.

### What You will Need to Successfully Complete this Prep:

- Please pick up your CLENPIQ® prescription at your pharmacy within 5 days.
- Clear Liquids: Clear liquids consist of JELL-O®, apple juice, tea, black coffee, clear broth, soda, water, lemonade, Gatorade®, and Popsicles® or any liquid you can see through; **AVOID RED or PURPLE LIQUIDS**. Solid foods, milk, or milk products are **NOT ALLOWED**.

## DAY BEFORE YOUR PROCEDURE:

Drink only clear liquids for breakfast, lunch and dinner. Stay hydrated. The more you drink, the better you'll feel, and you will be more likely to have a good prep so the doctor can complete the procedure.

## NIGHT BEFORE YOUR PROCEDURE:

1. **STARTING at \_\_\_\_\_ pm the evening before your procedure**  
Drink ONE (1) entire bottle of CLENPIQ® prep solution right from the bottle.
2. Follow with at least FIVE (5) 8-ounce drinks of clear liquid, taken at your own pace within the next 5 hours, before bed. Remain close to toilet facilities as you will experience watery/yellow diarrhea.

## DAY OF YOUR PROCEDURE:

- Continue clear liquid diet.
- Drink second part of your prep SIX (6) hours prior to your arrival time, drink ONE (1) entire bottle of CLENPIQ® prep solution.
- Within the next hour, follow with at least FIVE (5) 8-ounce drinks of clear liquid.

Do not drink anything FOUR (4) hours before your arrival time!!!

Special Instructions \_\_\_\_\_

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If you have any questions please call our office at 860-347-4620