

Instructions for Colonoscopy Preparation with MoviPrep®

FOLLOW THESE INSTRUCTIONS FOR YOUR PREPARATION (Ignore instructions with the box.) Failure to take the prep as indicated below will result in a poorly cleansed colon and **cancellation** of the procedure. This is for **your safety** and to eliminate the possibility of having to repeat this procedure.

What you will need to successfully Complete this Prep:

- Prior to your procedure have your prescription for MoviPrep® filled **at** the pharmacy.
- Purchase any of the **Clear Liquid Suggestions**.

DAY BEFORE YOUR PROCEDURE:

- Eat a soft, light diet until 10:00am (Eggs, plain oatmeal, pudding, **soups**, applesauce)
- Drink only **clear** liquids after 10:00am: **Solid Foods, milk, or milk products are NOT ALLOWED.**
- Stay hydrated. The more you drink, the better you'll feel, and you **will** be more likely to have a good prep so the doctor can complete the procedure.

THE EVENING BEFORE YOUR PROCEDURE:

Beginning at _____:

1. Empty (1) pouch A and (1) pouch B into the disposable container. **Add** lukewarm drinking water to the top line of the container. Mix to **dissolve**. If preferred, mix the solution ahead of time and refrigerate prior to drinking. The solution should be used within 24 hours.
2. The MoviPrep® container is divided by four (4) marks. Every 15 **minutes**, drink the solution down to the next mark (approximately eight (8) **oz.**), until the full container is complete. Drinking a glassful as quickly as tolerated is better than sipping an ounce or two at a time).
3. After the above steps are complete, drink at least 16 oz. of the **clear** liquid of your choice.

THE DAY OF YOUR PROCEDURE:

- Continue a clear liquid diet, **no solid food, milk or milk products.**
- Drink the second part of your prep (6) hours before your arrival time following steps 1,2,3.
- **Do not drink anything four (4) hours before your arrival time!!!**

Special Instructions _____