

# Instructions for Colonoscopy Preparation with SUPREP®

## FOLLOW THESE INSTRUCTIONS FOR YOUR PREPARATION

Failure to take the prep as indicated below will result in a poorly cleansed colon and **cancellation** of the procedure. This is for your **safety** and to eliminate the possibility of having to repeat this procedure.

### What You Will Need to Successfully Complete this Prep:

- Prior to your procedure have your prescription for SUPREP® filled at the pharmacy.
- Purchase any clear liquids listed below.

### THE DAY BEFORE YOUR PROCEDURE:

- Drink only **clear** liquids: Clear liquids consist of JELL-O®, apple juice, tea, black coffee, clear broth, soda, water, lemonade, Gatorade® and Popsicles® or any liquid you can see through; **AVOID RED AND PURPLE LIQUIDS.** *Do not drink milk, or milk products.*

### THE EVENING BEFORE YOUR PROCEDURE: Beginning at \_\_\_\_\_

- 1:** Pour ONE (1) 6-ounce bottle of SUPREP® liquid into the mixing container.
- 2:** Add cool drinking water to the 16-ounce line on the container and mix. Be sure to dilute SUPREP® before you drink it.
- 3:** Drink ALL the liquid in the container.
- 4:** You must drink **at least** two (2) more 16-ounce containers of water over the next 1 hour.

### THE DAY OF YOUR PROCEDURE:

- Continue a clear liquid diet.
- On the morning of your procedure, 5 hours before your arrival time repeat steps 1 through 4 using the other 6-ounce bottle
- **DO NOT DRINK ANYTHING FOUR (4) HOURS BEFORE YOUR ARRIVAL TIME!**

**Special Instructions:** \_\_\_\_\_

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*If you have any questions please call our office 860-347-4620.*