

# Instructions for Colonoscopy Preparation with OsmoPrep™

## **FOLLOW THESE INSTRUCTIONS FOR YOUR PREPARATION**

Failure to take the prep as indicated below will result in a poorly cleansed colon and cancellation of the procedure. This is for your safety and to eliminate the possibility of having to repeat this procedure.

### **What You Will Need to Successfully Complete this Prep:**

- One week prior to your procedure have your prescription for 32 OsmoPrep™ tablets filled at the pharmacy.
- Clear Liquids: Clear liquids consist of JELLO, APPLE JUICE, TEA, BLACK COFFEE, CLEAR BROTH, SODAS, WATER, LEMONADE, GATORADE AND POPSICLES or any liquid you can see through; AVOID RED AND PURPLE LIQUIDS. \*\*Solid foods, milk, or milk products are NOT ALLOWED.

### **DAY BEFORE YOUR PROCEDURE:**

- Drink only clear liquids for breakfast, lunch, and supper.

### **EVENING BEFORE YOUR PROCEDURE:**

- Starting at \_\_\_\_ pm the evening before your procedure, take four (4) OsmoPrep™ tablets every 15 minutes with at least eight (8) ounces of any clear liquid until 20 tablets have been consumed. Remain close to toilet facilities as you will experience watery diarrhea.

First Regimen: One dose (Four (4) tablets with eight (8) ounces of any clear liquid) every 15 minutes for a total of five (5) doses (20 tablets).

### **DAY OF YOUR PROCEDURE:**

- Continue a clear liquid diet.
- At \_\_\_\_ am/pm (or five (5) hours before your arrival time) take four (4) Osmoprep Tablets every 15 minutes with a least eight (8) ounces of clear liquids until the remaining 12 tablets have been consumed.

Second Regimen: One dose every 15 minutes for a total of three (3) doses (12 tablets).

- **Do not drink anything four (4) hours before your arrival time!!!**

**Special Instructions** \_\_\_\_\_

If you have any questions please call our office 860-347-4620.