

Instructions for Colonoscopy Preparation with HalfLYTELY®

FOLLOW THESE INSTRUCTIONS FOR YOUR PREPARATION

Failure to take the prep as indicated below will result in a poorly cleansed colon and cancellation of the procedure. This is for your safety and to eliminate the possibility of having to repeat this procedure.

What You Will Need to Successfully Complete this Prep:

- One week prior to your procedure have your prescription for HalfLyteLy® & Bisacodyl Tablets Bowel Prep Kit filled.
- Clear Liquids: Clear liquids consist of JELLO, APPLE JUICE, TEA, BLACK COFFEE, CLEAR BROTH, SODAS, WATER, LEMONADE, GATORADE AND POPSICLES or any liquid you can see through; AVOID RED AND PURPLE LIQUIDS. **Solid foods, milk, or milk products are NOT ALLOWED.

DAY BEFORE YOUR PROCEDURE:

- In the morning, prepare your HalfLyteLy® Solution according to the instructions on the package and refrigerate.
- Drink only clear liquids for breakfast, lunch, and supper.
- At _____ pm/am – Take both Bisacodyl tablets with water.
- Wait for a bowel movement. After a bowel movement occurs (usually in 1-2 hours); begin to drink the solution as instructed below. Do not worry if no bowel movement occurs within three (3) hours. After three (3) hours, begin to drink the solution.
- At _____ pm/am – Begin drinking HalfLyteLy® Solution as instructed – 8 oz every 10-15 minutes – until the bottle is empty. (Drinking a glassful as quickly as tolerated is better than sipping an ounce or two at a time).
 - a. Be sure to drink ALL of the solution.
 - b. If you have severe discomfort or distention (bloating), stop drinking the solution and walk around until you feel better, then resume drinking as tolerated.
 - c. It will take approximately 1½ hours to finish the solution. Diarrhea will continue after you finish drinking the solution.

DAY OF YOUR PROCEDURE:

- Continue a clear liquid diet.
- **Do not drink anything four (4) hours before your arrival time!!!**

If you have any questions please call our office 860-347-4620.