

# Instructions for Colonoscopy Preparation with GoLYTELY®

## **FOLLOW THESE INSTRUCTIONS FOR YOUR PREPARATION**

Failure to take the prep as indicated below will result in a poorly cleansed colon and cancellation of the procedure. This is for your safety and to eliminate the possibility of having to repeat this procedure.

### **What You Will Need to Successfully Complete this Prep:**

- One week prior to your scheduled procedure fill your prescription for GoLYTELY® at your pharmacy.
- Clear Liquids: Clear liquids consist of JELLO, APPLE JUICE, TEA, BLACK COFFEE, CLEAR BROTH, SODAS, WATER, LEMONADE, GATORADE AND POPSICLES or any liquid you can see through; AVOID RED AND PURPLE LIQUIDS.  
\*\*Solid foods, milk, or milk products are NOT ALLOWED.

### **DAY BEFORE YOUR PROCEDURE:**

- Drink only clear liquids for breakfast, lunch, and supper. Continue to drink clear liquids until bedtime and throughout the night, if awake.
- Mixing up the preparation fluid ahead of time and refrigerating it may improve the taste.

### **THE EVENING BEFORE YOUR PROCEDURE:**

- Beginning at \_\_\_\_\_ drink all of the GoLYTELY®, 1-2 glasses every 10-20 minutes, starting in the afternoon before your colonoscopy until half of the prep is gone.

### **DAY OF YOUR PROCEDURE:**

- Continue a clear liquid diet.
- Drink the second part of your prep six (6) hours before your arrival time. Drink 1-2 glasses every 10-20 minutes until gone.
- **Do not drink anything four (4) hours before your arrival time!!!**

**Special Instructions** \_\_\_\_\_

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If you have any questions please call our office 860-347-4620.